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VOLUNTEER WITH THE REC!

We have ongoing opportunities for individuals, families, and corporate and community groups.



PLEASE CONTACT US AT:
EMAIL: volunteer@recworchester.org
PHONE: (508) 799-9139

Join the Grow Club!

Make a monthly commitment in the **amount of your choice** to create healthy, sustainable, and just communities in Worcester and beyond!



Your monthly gift helps ensure year-round sustainability for REC Community Farmers Markets, YouthGROW and UGROW programs. Visit www.recworchester.org/grow-club



REGIONAL ENVIRONMENTAL COUNCIL
OF CENTRAL MASSACHUSETTS
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Congress is considering the future of the Supplemental Nutrition Assistance Program (SNAP).

SNAP puts food into the hands of nearly 42 million Americans, with half under the age of 18.

Making cuts to this program will leave families struggling to find their next meal.

REC asks that you please call your representative and ask them to support SNAP.

TELL THEM THE FOLLOWING:

"I am a constituent and I am calling to ask you to protect SNAP. It is a critical program that helps millions of children, seniors and veterans across the country. Please support the Senate SNAP provisions of the Farm Bill."

OR:

"I'm counting on you to pass a strong Farm Bill that protects and strengthens federal nutrition programs and helps people experiencing hunger across the U.S and here in my state."

Find out who your representative is by going here: www.house.gov/representatives/find-your-representative